

The Interaction Between the Expression of Proliferative Biomarkers and Clinical Characteristics in Breast Cancer

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Abstract

Introduction: Proliferation of cancer cells and the potential of metastasis depend on the activity of different biomarkers such as proliferative ones. Proliferative biomarkers including ki-67, cyclin E1, cyclin D1, p27, and p21 were analyzed through immunohistochemistry (IHC) in previous studies.

Methods: The current study aimed at investigating the utilizing role of RT-PCR in studying proliferative biomarkers including *Ki-67*, *Cyclin E1*, *Cyclin D1*, *P27*, and *P21* to figure out the association between proliferative biomarkers and clinical aspects in patients with early breast cancer. One hundred and twenty-three patients with primary breast cancer were entered in the current study. Patients' clinicopathological characteristics were obtained and also expressions of the proliferative biomarkers were investigated through RT-PCR on both cancerous and normal adjacent breast tissue.

Results: It was observed that in contrast to *Cyclin D* and *P27*, expression of *Ki-67*, *Cyclin E*, and *P21* were higher in tumor samples compared with normal adjacent tissue. In addition, *Cyclin D* was higher in *ER/PR* positive and *HER2* negative tumors and it was also higher in greater tumor size. Similarly, *Cyclin E* expression was higher in greater tumor size. Furthermore, patients with higher expression of *P27* experienced worse prognosis.

Conclusions: Studying the proliferative biomarkers via a quantitative and automated method in Iranian patients showed that proliferative biomarkers had correlations with clinical aspects. Further studies to analyze the clinical utility of proliferative biomarkers in greater populations are warranted.

INTRODUCTION

Development of a neoplasia and the potential of metastasis depend on the activity of many biomarker groups such as growth receptors, cytosolic growth cascade, and cellular proliferative biomarkers etc. Proliferative biomarkers act as accelerators or inhibitors of cell cycle, which consists of *Ki-67*, *Cdk* inhibitors (p21^{WAF1/CIP1} and p27), *Cyclin E1*, *Cyclin D1*, etc. The roles of proliferative biomarkers in cell proliferation were investigated in many studies [1]. *Ki-67* is the main member of this group, the expression of which is increased during normal mitosis [2]. Also the relationship between its IHC based expression analysis and histopathological aspects of cancer such as tumor grade, tumor size, and hormone receptor status was previously studied, although the results were controversial [3]. The expression of *Cyclin E1* and *D1* increases in breast cancers [4-6]. Overexpression of *Cyclin D* is related to the expression of estrogen/progesterone receptors in breast cancer [7]. Also, overexpression of *Cyclin E1* is accompanied by a higher grade of tumor and tumor size [8]. The *P27* and *P21* belong to cyclin dependent kinase inhibitors (CDKIs) or kinase inhibitory protein (KIP). CDKIs act as cell cycle inhibitors. They link to cyclin D1-CDK and transfer cyclin D1-CDK to the nucleus, which makes cyclin D1-CDK inactive [3]. Many studies reveal that *P21* expression is reduced in tumor cells in comparison with normal tissue [4, 9]. Many reports suggest application of proliferative biomarkers in patients' management such as estimation of survival and prognosis [8, 10-12]. Former studies showed some correlations between the expression of biomarkers investigated almost through IHC and histological characteristics [8, 12]. The current study aimed at comparing gene expression in Iranian patients through real-time PCR and seeking the relationship between the expression of proliferative biomarkers as well as the histopathological aspects.

METHODS

Study Population

Eligibility of 123 patients was assessed; 10 patients were excluded due to incomplete clinicopathologic data. Two hundred and forty-six breast tissue samples from 123 patients with primary breast cancer including 123 tumor samples and 123 normal adjacent tissue samples were included in the current study. Samples were received from Breast Cancer Research Center Biobank (BCRC-BB). According to

the protocols followed by BCRC-BB, immediately after excisional biopsy or surgery, sample tissue was snap-frozen in liquid nitrogen and stored at -70°C. BCRC-BB is obliged to ethical guidelines and recommendations for Biobanks on the storage and use of human biological samples [13]. The current project was previously approved by the Ethics Committee of the Breast Cancer Research Center (BCRC). Normal adjacent RNAs were used for normalization. Clinical data were gathered in BCRC based on Patients' information consisted of surgical and pathological information from 2008 to 2013.

Gene Expression Assay

Primers and TaqMan probes were designed by Gene Runner Software version 3.0.5 for *KI67*, *CCNB1*, *CCNA1*, *CCNE1*, and *CCND1*. The list of primers and probes are in Table 1. *ACTB* and *TFRC* were used as housekeeping genes [14].

RNA extraction was performed using 8-20 mg of breast tumor and normal adjacent tissue by RnX plus (Cinagen, Iran) as previously explained [14]. The quality and quantity of extracted RNA were measured by gel electrophoresis and spectrophotometry, respectively. Synthesis of cDNA was performed using cDNA synthesis kit (Qiagen, Germany) according to the manufacturer's protocol.

Real-time data acquired through 7500 software version 2.0.6. ΔCT (biomarker gene expression minus housekeeping expression) were considered as biomarkers expression. Gene expression analysis was conducted using $\Delta\Delta CT$ method. Normal adjacent tissue was used as the control sample. Categorization was performed according to the cut off values for $\Delta\Delta CT$ above -0.5 as lower expression and under -0.5 as overexpression.

Statistical Analysis

To assess the differences of biomarkers expression between tumor and normal adjacent tissue, the paired samples t test was conducted on the $\Delta\Delta CT$ measure. Patients were categorized into two groups based on low and high biomarker expression. Optimal cutoff to identify low expression and high expression of each biomarker was selected based on the biological data. The clinicopathological variables were categorized into two groups. Non-parametric Mann-Whitney U test was administered to compare the mean of biomarkers expression in two different groups of clinicopathological variables. Then, the correlation between grouped biomarkers and clinicopathologi-

cal variables were analyzed through chi-square test and the correlation coefficient was considered. Survival analysis was performed to analyze patients' overall survival. In order to find overall survival, the Kaplan-Meier estimator was used. The correlation between grouped biomarkers and survival rate were analyzed through the Cox-proportional hazards regression model. Statistical analyses were done with SPSS version 16, JMP SAS (SAS Institute, Cary, NC, USA), and Graph Pad Prism (Version 5.04; Graph Pad Software Inc., La Jolla, CA, USA) software.

RESULTS

A total of 123 patients with primary breast cancer were entered in the current cohort. Patients' mean age was 47.3 ± 15.6 years. All specimens were obtained prior to any systemic therapy. The median follow-up time was 38 months (confidence interval (CI)95% =5-84 months). Histopathological aspects including histologic grade, tumor size, hormone receptor (HR) status, HER2 status, and patients' general health status (with or without event) were investigated and their relationship with biomarkers expression was studied. Table 2 summarizes the patients' characteristics.

Biomarkers Expression

As mentioned before, biomarkers expression was measured through RT-PCR. Analysis of the expression revealed that *Ki-67*, *Cyclin E*, and *P21* were highly expressed in tumor samples compared with normal tissue ($P= 0.03, 0.00, \text{ and } 0.01$, respectively). In contrast, *Cyclin D1*, and *P27* expression decreased in tumor samples ($P= 0.00$ and 0.044 , respectively). When the expression of biomarkers was categorized into two groups of low and high, higher expression of *Ki-67*, *Cyclin E*, and *P21* was noted in 83 (67.5%), 55 (52.9%), and 80 (65%) patients and lower expression of *P27*, and *Cyclin D1* was observed in 93 (75.6%), and 90 (73.2%) of patients, respectively.

The Correlation Between Biomarkers Expression and Clinicopathological Variables

The difference of mean expression of each biomarker was assessed in different groups of clinicopathological variables using non-parametric the Mann-Whitney U test. It was shown that the expression of *P21*, *Ki-67*, *Cyclin D*, and *P27* was higher in high grade tumors, whereas the expression of *Cyclin E* was lower in high grade tumors. In addition, the expression

of *Ki-67*, *P27*, and *Cyclin D* were higher in *ER/PR* positive tumors, the expression of *P21* and *Cyclin E* were higher in *ER/PR* negative tumors though. Analyzing the expression of biomarkers in the two groups of tumor size revealed high expression of all biomarkers in larger tumors. Finally, the expression of biomarkers except *Ki-67* was lower in *HER2* positive tumors. Although, a plenty of these results were not statistically significant, the differences between the expression of *Cyclin D* in *HR* positive/negative, *HER2* positive/negative, and *T1/T2* were significant ($P= 0.04, 0.03, \text{ and } 0.01$, respectively). Furthermore, the expression of cyclin E in larger tumors was more than tumors <2 cm ($P = 0.02$).

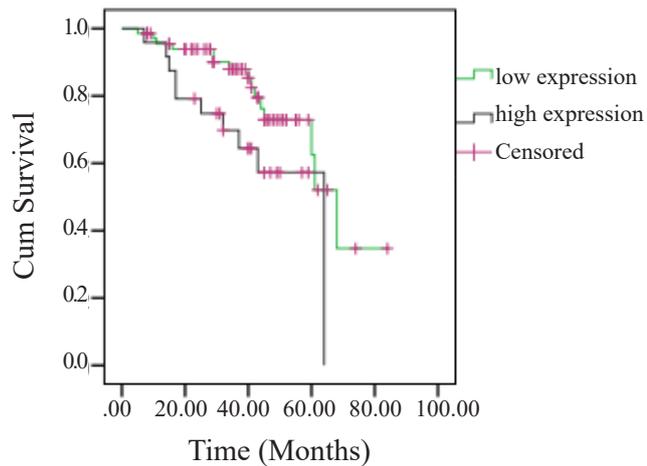
In the next step, each biomarker expression was categorized into two groups of low and high expression. It was observed that higher expression of *Cyclin D* was correlated with *ER/PR* positivity ($HR 3.07, P= 0.02$). In contrast, there was a negative association between *Cyclin D* expression and *HER2* positivity ($HR 0.17, P= 0.00$).

Investigating the correlations between biomarkers expression revealed a positive correlation between *Cyclin D* and *P27* ($HR 3.41, P= 0.01$), and also between *Ki-67* and *Cyclin E* ($HR 2.86, P= 0.02$). Analyses of other biomarkers expression did not show any correlations.

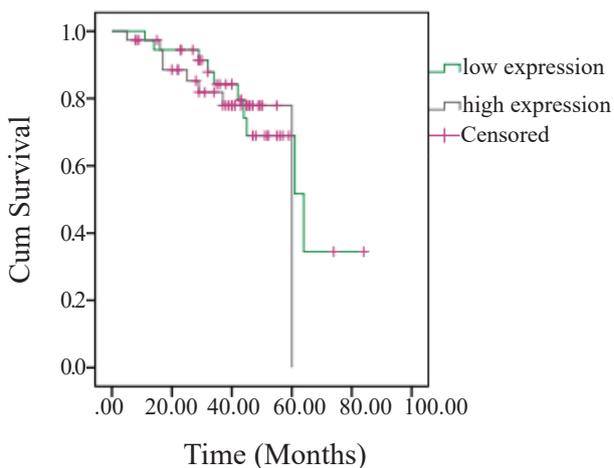
Survival Analysis

The mean follow-up duration was 38 months (CI95%= 8-64 months). Overall survival was estimated about 81% and 50% at 36 and 60 months follow-up, respectively. All clinical and histopathological factors (histological grading, tumor size, *ER/PR*, and *HER2* status) and also biomarkers were evaluated for their prognostic values in univariable analyses for overall survival (OS). Analyses of survival rate using the Kaplan-Meier test elucidated that tumors with high expression of *p27* experienced worse prognosis ($P= 0.049$). Although there were differences between survival rates in patients in regard to expression of *Ki-67*, *Cyclin D*, *Cyclin E*, and *P21*, none of the variables had statistically significant correlation with survival. Table 3 summarizes the grouped biomarkers frequencies and prognostic impacts of biomarkers in univariable analysis. Figure 1 shows the survival curves based on biomarkers expression.

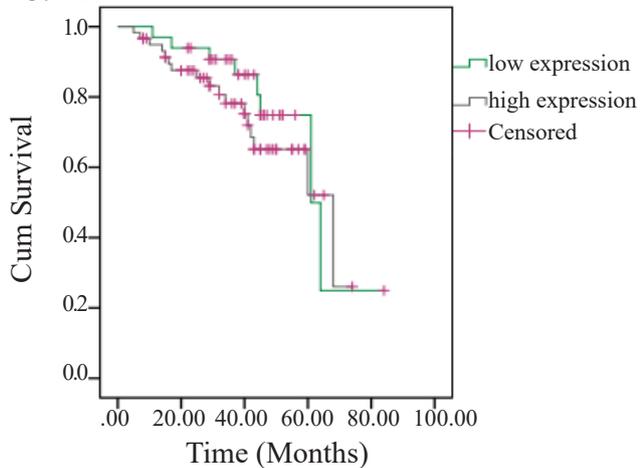
A: P27



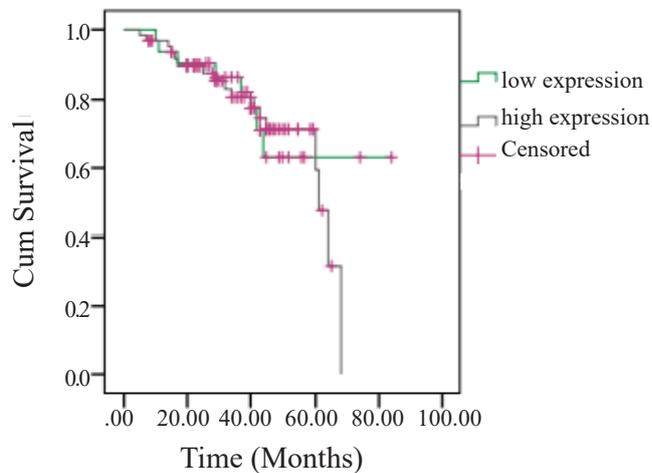
B: Cyclin E



C: P21



D: Ki67



E: Cyclin D

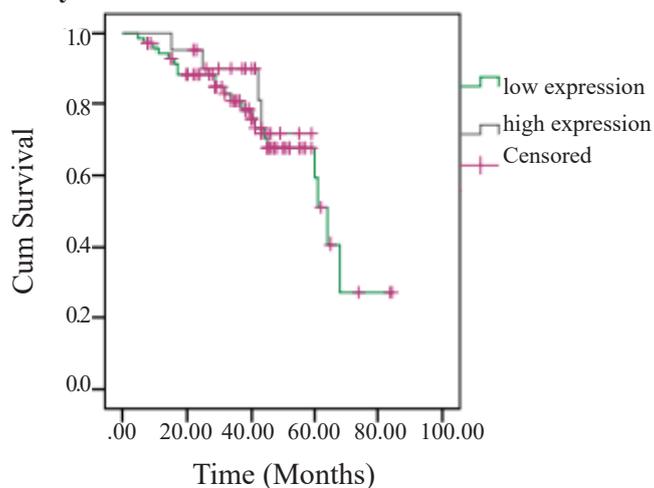


Figure 1: The Kaplan-Meier Survival Curves; as shown in A: P27 overexpression associates with worse prognosis. Overall survival did not differ in overexpressed biomarkers including B: Cyclin E, C: P21, D: Ki-67, and E: Cyclin D

DISCUSSION

Since systemic therapy is a double-edged sword, many studies are conducted to determine the best predictive and prognostic biomarkers to maximize the benefits of systemic therapy and minimize the adverse effects. Cell activity of proliferative biomarkers contributes to the development of neoplasia and metastasis. In the current study, proliferative biomarkers consisted of *Ki-67* and *Cdk* inhibitors (*P21^{WAF1/CIP1}* and *P27*), *Cyclin E1* and *Cyclin D1* were investigated. Many reports suggest the application of proliferative biomarkers to predict the clinical aspects of patients including survival and prognosis. Some reports studied the proliferative biomarkers through IHC, a semi quantitative method [8, 10, 11, 15].

Analyzing the expression of biomarkers via RT-PCR has some benefits such as high sensitivity and specificity contrary to studying through IHC. RT-PCR is applicable in most laboratories. It is less time-consuming and as a consequence there is an opportunity to study a large number of samples simultaneously. Since IHC is a manual method, its accuracy relies on expertise. There is an unavoidable variability between the results of studying biomarkers through IHC. On the other hand, RT-PCR is an automated method to study biomarkers quantitatively and more accurately applied in a few studies. Since analyzing biomarkers expression through RT-PCR was not formerly investigated in Iranian patients with breast cancer, the current study was conducted.

Similar to previous studies, analysis of the expression of biomarkers through RT-PCR revealed that *Ki-67*, *Cyclin E1*, and *P21* expressions [16-20] were higher in tumor samples [15] and *Cyclin D1* and *P27* expression decreased in tumor samples [3]. In contrast, some studies on the expression biomarkers through gene expression assays revealed that *P21* expression was lower and *Cyclin D1* was higher in tumor tissue [4, 9].

Analysis of the association between biomarker expression and histopathological aspects revealed a positive association between cyclin D and ER/PR and also between cyclin E and HER2 status. In addition, there was a positive correlation between cyclin D and p27 and also between *Ki-67* and cyclin E. On the other hand, a negative correlation was observed between cyclin D and HER2 status. The study of cyclin D1 both through IHC and RT-PCR revealed the same correlation between cyclin D1 and ER/PR status in previous studies [7, 21, 22]. Since *Cyclin D1* expression was induced by ER, a positive correlation between *Cyclin D1* and ER was estimated

[23]. Also, the positive correlation between *Cyclin D1* expression and *P27* was observed in similar studies [21, 22]. In a study by Hermeking H et al., on cyclin D1, cyclin E1, p21, and p27 expression in cancer cell-lines through Western blot, it was observed that estradiol treatment increased the amount of p21, p27, and cyclin E, which depended on cyclin D1 expression [24]. It was concluded that the overexpression of *Cyclins D1* and *E1* is estrogen-dependent. Similar to the current study, analyzing biomarkers expression via IHC found no significant correlation between cyclin D1 and grade of tumor [25]. Furthermore, the positive correlation between the expression of cyclin E and *Ki-67* studied through chromogenic in situ hybridization (CISH) was observed in a similar study [26]. Similar to the current study results on the association between *Ki67* and histopathologic variables, some studies did not observe any associations between *Ki67* expression (assessed through either RT-PCR or IHC) and histopathologic aspects [8]. Despite previous studies investigating the correlation between tumor size and *Ki-67* (assessed through either RT-PCR [15] or IHC) [3], and correlation of ER status and grade of tumor with *Ki-67* [2, 17, 27, 28], the current study did not show any correlations between *Ki-67* and histopathological variables.

In addition, although there were many studies on the association of *P27* [29, 30], *Cyclin E* [21, 31], and *P21* with histopathological aspects [20, 32], the current study showed no correlation between *P27* and *P21* with histopathological variables. However, Rudolph et al., similar to the current study, showed no correlation between *Cyclin E* and tumor size [11]. In the current study, 123 patients were followed up. Overall survival was estimated about 81% and 50% at 36 and 60 months follow-up, respectively. Although high expression of *P27*, *Ki-67*, *Cyclin D*, *Cyclin E*, and *P21* was associated with lower OS, *P27* was the only biomarker with statistically significant prognostic impact. Many studies showed that *Ki-67* [33-36], *P27* [37-40], *P21* [32, 41-46], *Cyclin D1* [47-51], and *Cyclin E1* [16, 52-54] have no any prognostic significance. In addition, some studies investigated biomarkers through RT-PCR and showed no prognostic impact for *Cyclin D* [55], *Cyclin E* [54, 55] and *P27* [55] in patients with breast cancer. In contrast, a meta-analysis on the prognostic impact of *Ki-67* showed that studying *ki-67* expression via IHC had prognostic value [10]. Also, the study by Rudolph et al., showed that the expression of *Cyclin E1* had impacts on disease-specific survival (DSS) and metastasis-free survival (MFS) [11]. In addi-

tion, analyzing *Cyclin E* through RT-PCR in another study revealed that higher expression of *Cyclin E* correlated with better overall survival [56]. Since many studies implicated the prognostic significance of proliferative biomarkers [11, 20, 56-61] further studies can clarify the predictive role of proliferative biomarkers through RT-PCR in the survival of patients with breast cancer.

As there is a question on the usefulness of RT-PCR in studying proliferative biomarkers, the expression of *Ki67*, *CCNE1*, *CCND1*, *CCN1B*, and *CCN1A* encoding *ki-67*, *cyclin E1*, *cyclin D1*, *p27* and *p21*, respectively, was studied through RT-PCR in the current study. It was observed that the expression of *Ki-67*, *Cyclin E*, and *P21* was higher in tumor samples compared with the expression of *Cyclin D* and *P27* that was lower in tumor samples. In addition, when the association of clinicopathological factors and biomarkers expression was analyzed, positive correlations were observed between *cyclin D* and *ER/PR* and also between *cyclin E* and *HER2* status. Analysis of the correlation between biomarkers expression showed a positive correlation between *Cyclin D* and *P27* and also between *Ki-67* and *Cyclin E*. On the other hand, there was a remarkable negative association between *Cyclin D* and *HER2* status. Survival analysis highlighted that higher expression of *P27* was associated with lower overall survival. It can be concluded that investigating proliferative biomarkers through RT-PCR can have clinical utility in Iranian patients with breast cancer and further studies are needed to analyze them in greater populations.

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CONFLICT OF INTEREST

The authors declared no conflict of interests regarding the publication of the paper.

ETHICS APPROVAL

This study was approved by the Ethics Committee of Motamed Cancer Institute.

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